



Scamp's
**DOG FRIENDLY
EASTBOURNE**

*a FREE directory of all things
dog friendly in the Eastbourne area*



2025

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Dedicated to the memory
of Petra
the best little sister
any pup could have had!



Welcome!

Hi,

My name is Scamp. I am a rescue dog from Spain. I live in Eastbourne with my dog parents and my two adopted brothers, Grumpy from Greece and Tycho who is from Ireland.

I love living in Eastbourne! It really is doggie heaven! Most days I go for long walks, either on the Downs, with spectacular views, or along the seafront. On other days I get to explore some of the many lovely parks where I can do zoomies and play chase. I also get to go on trips in the car and visit some really interesting and beautiful places.

There is usually some lunch involved and I have become very talented at steering Mum and Dad into places that do dog treats and sausages!

There are sooooo many dog friendly places I have found in Eastbourne and the nearby area. So, as I have always been taught to share my toys, to help other doggies experience all the very best Dog Friendly Eastbourne has to offer I put this little book together - with a little help!.

I hope you and your humans find it useful!

Scamp! x



Eating Out



Kessa Coffee House

There are numerous dog friendly places to eat in Eastbourne. It is my ambition to visit all of them! Especially ones that do sausages or treats!

Cafes

Arlington Tea Gardens Wilbees Road, Arlington, BN26 6RU
01323 484549  Arlington Tea Gardens

Beanzz 43 Grove Road, BN21 4TX www.beanzzcoffeekitchen.co.uk

Brew and Bread 200 Terminus Road, BN21 3BB 01323 301121
 Brew and Bread Eastbourne

Café 32 32 South Street, BN21 4XB 01323 720100
www.cafe-32.com

Café Nero 138-140 Terminus Road, BN21 3AN 01323 417977
www.caffenero.com/uk/store/eastbourne-422

Café Nikoletta 64 Seaside Rd, BN21 3PD 01323 643050
 Café Nikoletta

Castle Cottage Tearoom High Street, Pevensey, BN24 5LE
01323 762155 www.castlecottagetearoom.com

Coffee and Carrot 42 Cornfield Road, BN21 4QH 01323 648689
www.coffeeandcarrot.com

Deliciously Gorgeous 12 Cornfield Road, BN21 4QE 01323 749794
www.deliciouslygorgeous.co.uk

Doc Coffee 10 Grove Road, BN21 4TJ 07595 915321
www.linktr.ee/coffeeoceb

Downtown Deli 9 Carlisle Road, BN21 4BT 01323 325619
www.downtowndeli.co.uk

Dukes Delicatessen 254 Terminus Road  Dukes Delicatessen Café


Eastbourne Downs Golf Course East Dean Road, BN20 8ES
01323 720827 www.eastbournedownsgolfclub.com

Favo'Loso 19-25 Carlisle Road, BN21 4BT 01323 728029  Favo'loso

First Serve Cafe Old Town Recreation Ground, Longland Road
 First Serve

Hikers Rest The Green, East Dean, BN20 0DR 01323 423733
www.hikersresdteastdean.com

Kessa Coffee House 238 Terminus Road, BN21 3DE 01323 301211
 Kessa Coffee House

Major Pizza 16 Langney Road, BN21 3QA 07709 742901
 Major Kitchen

Memories by Sea The Iconic Beach Huts, Marine Parade 07857 812336

Perch in the Park Princes Park, BN227LU 01323 345500
www.princesperch.com

Poppyseed Bakery 11 Gildredge Road, BN21 4RB 01323 736300
www.thepoppyseed.co.uk

Poppyseed Bakery 36 Beatty Road, BN23 6DG 01323 729 048
www.thepoppyseed.co.uk

Princes Mini Golf Cafe Royal Parade, BN21 7LQ 07966 438965
www.princesminigolf.co.uk

Ren's Kitchen 54 Meads Street, BN20 7RH 01323 573085
www.renskitchen.co.uk

Seaside Café 245 Seaside, BN22 7NT 01323 725215
☒ Eastbourne Seaside Café

Sicilia Qui The Enterprise Shopping Centre, BN21 1BD
07868 362204 ☒ Sicilia Qui

Simply Italian 10 -11 The Waterfront, Sovereign Harbour. BN23 5UZ
www.simplyitalian.com

Skylark 52 Grove Road, BN21 4UD 01323 417000
www.skylarkeastbourne.co.uk (day time only)

Starbucks The Beacon Shopping Centre. BN21 3NW

Splash Point Café Beach Studio, The Redoubt, BN22 7AQ

Sunbean Coffee 219 Terminus Road, BN21 3DH 01323 818056
☒ Sunbean Coffee

Tennis Café Gildredge Park, BN21 1HD 01323 736310
www.thetenniscafe.com

That Coffee Place 3 Station Parade, BN21 1BE 01323 738304
☒ That CoffeePlace Eastbourne

The Art House Café 34 Grove Road, BN21 4TR 01323 728691
www.thearthousecafe.co.uk

The Beach Café Promenade between the Bandstand and the Pier

The Beach Deck On the Beach, Royal Parade. BN22 7AE 01323 720320
www.thebeachdeck.co.uk

The Beach Kitchen 56 Beach Road, BN22 7HA 01323 412227
☒ The Beach Kitchen Eastbourne

The Beach Shack Promenade, by The Wish Tower, BN21 4BY

The Gingerbread Café Gildredge Park, BN21 1HB 07366 992699

 The Gingerbread Café


The Kiosk Foyle Way, BN20 7XL 07951 950926

The Olive Tree Coffee Lounge 56a Grove Road, BN21 4UD 07860 129952

The Rosy Lee 379 Seaside, BN22 7RP 01323 724874

www.therosylee.co.uk

The Snug Trinity Centre, Trinity Pl, BN21 3BX 07976 158165

 The Snug, Eastbourne

Vinyl Frontier 35 Grove Road, BN21 4TT 01323 410313

Restaurants

Bills 153 Terminus Road, BN21 3NJ

www.bills-website.co.uk/restaurants/eastbourne

Bistro Pierre (terrace only) King Edwards Parade, BN21 4BY

01323 886484 www.bistrotpierre.co.uk

Gianni's 247 Terminus Road, BN21 3DH 01323 724435

www.gianniseastbourne.co.uk



BISTROT PIERRE

Grumpy

Glass House Royal Parade, BN22 7AQ. 01323 925800
www.glasshouseeastbourne.co.uk

Rustico 53 South Street, BN21 4UT 01323 576767
www.hellorustico.co.uk

Simply Italian 10-11 The Waterfront, Sovereign Harbour BN23 5UZ
01323 470911 www.simplyitalian.com

The Good Grub 12 Grand Hotel Buildings, Compton Street, BN21 4EJ
01323 672775 www.thegoodgrub.co.uk

Pubs

Arlington Arms 360 Seaside, BN22 7RY 01323 724365
www.thearlingtonarms.co.uk

The Beachy Head Beachy Head Road, BN20 & YA 01323 728060
www.vintageinn.co.uk

The Berwick Inn Station Road, BN26 6SZ 01323 870018
www.theberwickinn.com

The Bohemian 10 Compton Street, BN21 4BW 07432 401502
www.Bohemianeastbourne.com

The Crown 22 Crown Street, BN21 1PB 01323 724654

The Crown and Anchor 15-16 Marine Parade, BN21 3DX
01323 642500 www.crownandanchoreastbourne.co.uk

The Dewdrop Inn 37-39 South Street, BN21 4UP 01323 723313
 [DewDropInn](#)

The Dolphin 14 South Street, BN21 4XF 01323 746622
f The Dolphin Eastbourne

The Eagle 57 South Street 01323 417799 f The Eagle Eastbourne

The Eight Bells Jevington BN26 5QB 01323 484442
www.eightbellsjevington.com

The Farm 15 Friday Street, BN23 8AP 01323 766049
www.thefarmfridaystreet.co.uk

The Hurst Arms Public House 76 Willington Road, BN21 1TW
01323 419440 www.thehurstarms.com

The Lamb Inn 36 High Street, Old Town, BN21 1HH 01323 720545
www.thelambeastbourne.co.uk

The Marine 61 Seaside, BN22 7NE 01323 720464
www.themarinepub.co.uk

The Pilot 89 Meads Street, BN20 7RW 01323 723440
www.pilot-inn.co.uk

The Plough and Harrow The Street, Litlington, BN26 5RE 01323 870632
www.ploughandharrowlitlington.co.uk

The Rainbow Star Road, BN21 1NB 01323 731158
www.therainboweastbourne.co.uk

The Royal Oak and Castle High St, Pevensey BN24 5LE 01323 762371
www.royaloakandcastle.co.uk

The Star Inn Star Road, BN21 1PD 01323 722042

The Tiger Inn The Green, East Dean, BN20 0DA 01323 423209
www.beachyhead.org.uk/the-tiger-inn

The Victoria Hotel 27 Latimer Road, BN22 7BU 01323 722673
www.thevictoriaeastbourne.co.uk



Scamps of Approval

Being a sharing kind of gal I thought I would reveal some of my favourite eateries. So in no particular order:

Favo'Loso Always a small bowl of sausage, sometimes even without asking!

Kessa Coffee House They serve delicious hot dog sausages chopped into lovely small pieces so they last for ages!

Major Pizza Gourmet pizza (I get cheesy crusts!) at a lovely restaurant.

Memories by Sea No sausages but Jon does amazing chips! He usually has dog treats too.

Sunbean Coffee Lovely thick tasty sausages in a very cosy cafe.

The Kiosk Has to be the most dog friendly place in Eastbourne. Often there are more dogs here than humans. Sausages to order and the lovely owner often comes out with dog treats.

The Good Grub This place has it's own doggie menu. I love the vegan sausage and peas. They have water bowls and blankets available too!

The Pilot A pub with a lovely garden and very dog friendly. A great place to chill after a walk on the Downs. It's also very snug inside!



The Beacon - Eastbourne's Dog Friendly Shopping Centre

We dogs in Eastbourne are very fortunate, we have a premium indoor shopping centre that welcomes us in.

The management at The Beacon Shopping Centre have stated that banning dogs is 'unnecessary and antiquated'. They are so right. Most of us are well behaved, with responsible owners, and it makes life so much easier for a lot of peeps if they can take their doggies shopping with them.

Since deciding to open up their doors to us Beacon staff have been very pro-active and have vigorously encouraged the businesses there to be dog friendly. The result is that most of the shops in the Beacon allow us in. Some even have dog treats behind the counter! There is a full list of the dog friendly businesses in the Shopping section.

The Beacon also hosts a dog friendly workspace. **The Foundry** is a dog friendly office space. Humans can rent space in a co-working lounge, a private office or a dedicated desk. All spaces are completely dog friendly and people are encouraged to bring their dogs along to work with them. They even arrange things like dog photo shoots every now and then!



Shopping



Gift Shopping in
Drop of the Ocean

It's not only the Beacon Shopping Centre that is dog friendly. There are so many high street shops and businesses in Eastbourne that are happy to see us.

Pet Stores

Ability Hound Unit 13, Birch Estate, Birch Road, BN23 6PH 01323 732873

Awash With Dogs Crockstead Farm, Eastbourne Road BN8 6PT
01825 840992

ESK Warehouse - Pet's Pantry Courtlands Road. BN22 8TR
01323 416916

House of Raw 139 Seaside. BN22 7NN 01323 655191

Pets at Home Admiral Retail Park BN23 6QD 0345 6009281

Rita's Pet Shop and Groomer 86 Firlie Road, BN22 8EJ 07526 227670

Local Online Pet Stores

Coastal Canine Pet Supplies Tasty treats, enrichment and handmade accessories.  Coastal Canine Pet Supplies and Accessories

Paws Bakery Sussex Natural Homemade Snacks
www.pawsbakerysussex.com

Paws for Thought Gun dog supplies www.gundogtrainingsupplies.co.uk

Paws to Doors Homemade treats and cakes  Paws to Doors

Purdy & Co Unique toys, enrichment, treats and more
www.purdyandco.com

Ruby Loves Raw Raw Food Supplier www.rubylovesraw.co.uk

Snuffle Monsters Quality treats, snuffle mats and snuffle balls
www.mademe.co.uk/shop/snuffle-monsters

The Dog Treat Lady www.thedogtreatlady.co.uk

Who Let the Dogs Out Treats, gifts and accessories
www.who-let-the-dogs-out.online

Retail Outlets

Allen and Sons Jewellers The Beacon BN21 3NW

Alice Croft House Charity Shop, 16 Grove Road BN21 4NE

Aurelie & Rose Clothing, accessories + 65-66 Enterprise Centre, BN21 1BD

Blue Inc Casual Fashion The Beacon, BN21 3NW

Bonmarche Ladies Fashions The Beacon, BN21 3NW

Brewers Decorators Centre Northbourne Road, BN22 8PW

Cards Direct 103 Terminus Road, BN21 3NJ

Claire's Accessories The Beacon, BN21 3NW

- Clarks Shoes** The Beacon, BN21 3NW
- Clintons Cards** The Beacon, BN21 3NW
- Cove Coastal Living** Homeware, Beach and Body Unit 5, The Enterprise Centre, BN21 1BD
- Diechmann Shoes** 20a The Beacon, BN21 3NW
- Drop of the Ocean** Handmade sea glass jewellery. 232 Terminus Road BN21 3DE
- Emma Mason Gallery** 21 Lushington Lane, BN21 4LJ
- Eurochange** The Beacon, BN21 3NW
- Fat Face** Clothing and Accessories The Beacon, BN21 3NW
- Flying Tiger** Copenhagen Danish variety store The Beacon, BN21 3NW
- Fragrance Shop** The Beacon, BN21 3NW
- Gift Company** The Beacon, BN21 3NW
- Grand Flowers** Florist. 32 Meads Street BN20 7QY
- H&M** Clothing The Beacon, BN21 3NW
- HMV** Records The Beacon, BN21 3NW
- Hobbycraft** Admiral Retail Park, 31 Lottbridge Drive, BN23 6QD
- Homebase** DIY Store 27 Lottbridge Drive, BN23 6QD
- Hotter Shoes** 16 Ashford Road, BN21 3NW
- JD Sports** The Beacon, BN21 3NW
- Lovisa** Jewellery and Accessories The Beacon, BN21 3NW
- Lush Cosmetics** The Beacon, BN21 3NW

- Maybugs** Gift Shop and Upstairs Craft Stalls 129 Terminus Road, BN21 3NR
- Menkind** Gifts for Men The Beacon, BN21 3NW
- Metro Stop** Mobile The Beacon, BN21 3NW
- Mobile Booth** The Beacon, BN21 3NW
- Moss Bros** Clothing The Beacon, BN21 3NW
- Mr Gifts Emporium** Gifts, records and more 226 Terminus Road. BN21 3DE
- O2 Phones** The Beacon, BN21 3NW
- Poppyseed Bakery** 30 Hawthorn Road, BN23 6QA
- Relate** Charity Shop, 30 Meads Street. BN20 7QY
- Robert Dyas** Homeware The Beacon, BN21 3NW
- Saltrock** Surfwear The Beacon, BN21 3NW
- Schuh** Shoes The Beacon, BN21 3NW
- Sicilia Qui** Artisan Food Store, The Enterprise Shopping Centre, BN21 1 BD
- Sketchers** Shoes The Beacon, BN21 3NW
- Sky Retail** The Beacon, BN21 3NW



Grand Flowers

- Smiggle** Stationery Store The Beacon, BN21 3NW
- Sports Direct** The Beacon, BN21 3NW
- Superdrug** 116 Terminus Road, BN21 3AJ
- The Beach Hut** Gift Shop 256 Terminus Road, BN21 3DE
- The Lighthouse Gallery** 19 Cornfield Terrace. BN21 4NS
- The Matthew 25 Mission** Charity Shop 198 Seaside, BN21 2NN
- The Perfume Shop** The Beacon, BN21 3NW
- The Works** Books and Craft Supplies The Beacon, BN21 3NW
- Top Gift Kiosk** The Beacon, BN21 3NW
- TUI** Travel Shop The Beacon, BN21 3NW
- Vodafone** The Beacon, BN21 3NW
- W Brufords** The Beacon, BN21 3NW
- Wards Clothing Company** 20 Cornfield Road BN21 4QE
- Warren James** Jewellers The Beacon BN21 3NW
- Waterstones** Bookshop 120 Terminus Road BN21 3AJ
- Watsons News** Newsagents The Beacon, BN21 3NW
- WHSmith** Stationers and Post Office 110 Terminus Road, BN21 3AL
- Wicks** Building Supplies 1 Hammonds Drive, BN23 6PW
- Wrens Kitchens** Lottbridge Drove BN22 7SG
- Yours** Clothing 81-83 Terminus Road, BN21 3NJ

Banks

Halifax Bank 107 - 113 Terminus Road. BN21 3NJ

Lloyds Bank 104 Terminus Road BN21 3AH

Metro Bank The Beacon BN21 3NW

Hair and Beauty

Angels Hair Salon 19 Gildredge Road BN21 4RU

Goodlife Stores Barbers The Beacon BN21 3NW

Nipas Beauty The Beacon BN21 3NW

Polo Barbers The Beacon BN21 3NW

Garden Centres

Black Brooks Garden Centre A22, Lower Dicker BN27 4BJ

Hilliers Garden Centre Hailsham Road BN24 5BS

Paradise Park Garden Centre Avis Road BN9 0DH

Upcountry Garden Centre Dittons Road BN24 5ET



Scamp's of Approval

I am a bit of a shopaholic. Specially when the parents are buying for me! My favourite shops include **Maybugs**, the nice lady there gives me treats, **Homebase**, the nice lady there also gives me treats and I do like going to **Grand Flowers**, not only are the smells great but, you guessed it, the lady there also gives me treats!

But it's not all about the treats. I also love going to **Mr Gifts Emporium**, there is so much interesting stuff there, including my book!

Out and About



Arlington
Bluebell Walk

There are so many amazing places to explore in and around Eastbourne on paw and by car. So let's have a look at a few things to do! For more ideas go to the [Visit Eastbourne website](#).



Walkies! That Get Scamps of Approval!

I really do enjoy nothing more than going for a walk. Running through the woods, haring across the downs, splashing in the sea - it's all great fun. The South Downs Way and the 1066 Country Walk are on my to do list, I just need to get the dog parents on board!

In the meantime here are just a few of my favourites.

Abbots Wood: Arlington, Polegate BN26 6SL for car park. Here there are signposted walking trails, a medieval lake for a good splash and a play area, barbecues for hire, picnic tables and toilets for the humans. After a good walk we usually pop along to the Arlington Tea Rooms for some scrummy food and drink.

Butchers Hole: Old Willingdon Road, East Dean, BN20 0AT for car park. There are sign posted trails, some old ruins and great dense areas of trees to run in and out of. It does get very muddy when it rains.

Friston Forest: Litlington Road, BN25 4AJ. This is a huge forest with so many trails and paths. It's so lovely and cool to walk amongst the trees during hot summer days. There is a sign posted circular walk that gives you a view of the White Horse carved in the hills. Barbecue hire and toilets are available for the humans.

Seven Sisters Country Park: Litlington Road, BN25 4AD for car park. There are fantastic forest walks on one side of the road and an amazing river walk on the other. Overnight stays and delicious food are available at the Saltmarsh Farmhouse and Cafe. There is also a wonderful, dog friendly visitor centre and exhibition barn here - so keep a look out for events. Mum loves the Christmas Craft Fairs there!

To save on car parking charges for all of the above make sure your humans get an annual car parking permit. These are currently only £40 per annum from www.forestryengland.uk

Arlington Reservoir: BN26 6TF for the car park. There is a nice easy circular walk around the reservoir. It can be a bit muddy in places after it has rained so make sure your humans have their wellies! There are toilets and a small cafe here too.

Butts Brow: Butts Lane, BN20 9EP for the car park. There are stunning views and a choice of walks from here. There is a slightly challenging circular walk to Jevington (where you can pause at the dog friendly Eight Bells Pub). However there are also plenty of other tracks and trails to choose from all offering some spectacular scenery.

Abbot's Wood at 360 hectares, derives its name from the times of Henry I, when the wood was gifted to Battle Abbey and overseen by the Abbot (hence the name)!

There are two circular trails, the Abbot's Amble is a longer walk leading to the lake. Whilst the Oak Walk is a shorter stroll amongst all Oak wood, which has bluebells in the Spring. To increase your enjoyment, the more adventurous can try out the play area, or use the BBQ's provided for your convenience.

Pick up a leaflet on trails

Wild about
wildlife?

Walking trails

Abbot's Amble Trail
A longer circular walk
to the lake

Oak Walk Trail
A shorter stroll
amongst all Oak wood

Play Area
A play area for children

Barbecue
A barbecue for your convenience

Toilets
Toilets for your convenience

Visitor Centre
A visitor centre for your convenience

Exhibition Barn
An exhibition barn for your convenience

Play Area
A play area for children

Barbecue
A barbecue for your convenience

Toilets
Toilets for your convenience

Visitor Centre
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A barbecue for your convenience

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Toilets for your convenience

Visitor Centre
A visitor centre for your convenience

Exhibition Barn
An exhibition barn for your convenience



Beans on board Dotto

Holywell to the Harbour: Eastbourne has the most amazing seafront. The promenade is 4.1 miles long, and with the exception of the small section between the Wish Tower and the Pier, the beaches are dog friendly all year long. The majority of the cafes and tea places are dog friendly so there is always somewhere to shelter from the rain. In the summer you can also hitch a ride on the Dotto Train.

Shinewater Park: BN23 8EJ. The humans need to park in nearby roads. This is a super circular route with some lakes for a quick dip. Much of it has a hard surface but there are a few bits that can get very muddy. (I don't mind getting too muddy but I am not so keen on the bath afterwards!).

The Coastguard Cottages: South Hill Barn Car Park, BN25 4JQ. It is only a short walk from the car park to the iconic cottages. A great photo opportunity. Sometimes one of the cottages will open their garden to raise funds for charity. Keep a look out on social media and the national open garden scheme website for upcoming dates. www.ngs.org.uk

The Cuckoo Trail: This is a bit of a favourite, especially when it has been wet. It is a 14 mile surfaced track that follows the route of the old Cuckoo Line railway. There are tables and benches for picnics, some interesting sculptures and lots of wildflowers and wildlife to look out for.

Public Parks and Gardens

There are so many dog friendly parks around Eastbourne. I adore doing zoomies on the lovely short, soft grass when allowed off lead.

Adur Park: BN24 5EY A great green space with lots of lovely sniffs.

All Saints Park: BN20 7GD. A small, picturesque park in the Meads area.

Five Acre Field: BN22 7SG. A good open space for games and exercise

Gildredge Park and Manor Gardens: BN20 8BB. A large open space plus a wooded area with lots of squirrels. There are two cosy dog friendly cafes. Dogs need to be kept on a lead in the Manor Gardens area.

Hampden Park: BN20 7XL. This is a massive park with woods, open spaces and a lake. Dogs should be kept on a lead around the lake. The cafe only allows dogs on the terrace.

Helen Garden: BN20 7XL. A small park with spectacular, panoramic sea views. There are lovely friendly staff at the Cadence Cafe who sometimes have dog treats!



Coco who photo bombed my shoot at Helen Garden!

Italian Gardens: BN20 7XL. A small, manicured park which is usually very quiet and peaceful.

MacMillan Drive Dog Park: BN21 1SX. The fence here is very low so it is not dog proof. But it is a good place to meet up with paw pals.

Motcombe Gardens: BN21 1QF. A small ornate park with a pond. Dogs have to be kept on a lead.

Old Town Recreation Ground: BN20 8JJ. A fantastic place for crazy eights. The First Serve Cafe opened there recently and they like woofs!

Princes Park: BN22 7LL. This is a huge park, right on the seafront. There is a boating lake there and lots of scary swans. Dogs have to be on leads around the lake. The Perch Cafe is dog friendly and has incredible views over the lake. (The swans are not so scary from inside!)

Seaside Rec: BN22 8JU. This has an all weather path.

Shinewater Park: BN23 8DA. A fun circular walk, mainly hard surface but can be a bit muddy in parts.

Willingdon Dog Park: BN20 9QA. Great for meeting doggy friends.

Dogs on the Beach

Please take note that from May 1st to September 30th dogs are not allowed on the beach between the Wish Tower and the Pier.

During this period we should also be kept on a lead on the lower prom from the Wish Tower all the way to the Harbour.

But don't be downhearted! The best beaches (in my opinion) are the ones at Holywell. They often have large expanses of sand so are great for running on and digging up!

When the tide is out there are loads of rockpools to investigate and always tonnes of interesting sniffs and smells!

Always remember to make sure your human picks up your poo and take all their rubbish home with them too!

Days Out For Dogs

I love going out and about in the car to visit new places. Here are some of my nearby favourites.

Birling Gap: East Dean, BN20 0AB. I really enjoy walking up and around the Belle Tout Lighthouse. Mum keeps me on the lead as a few dogs have fallen over the cliff edge. The cafe and shop here are both dog friendly.

Bodiam Castle: Robertsbridge, TN23 5UA. A beautiful castle. I am allowed in the grounds and the cafe but not in the castle itself.

Bluebell Railway: Sheffield Park, TN22 3QL. Riding on a steam train is such great fun.

Camber Sands: Rye, TN31 7RH. Miles and miles of glorious sand. There are some areas I am not allowed between May and the end of September.

Knepp: Dial Post RH13 8NQ. There are lots of trails to walk at this estate which is being rewilded. I have to be kept on a lead because of the animals but I love going here. Lots of interesting sniffs. In the late Spring I have seen stork nests! There is a wonderful cafe here and the shop is also dog friendly. There is an automatic dog wash here if you get muddy.



The Bluebell Railway



Knepp has a coin operated dog wash!

Leonardslee Gardens: Brighton Road, RH13 6PP. Beautiful gardens with huge reflective lakes. I love going here in Autumn. The courtyard cafe and dolls house are dog friendly and I like going to visit the wallabies!

Michelam Priory: Upper Dicker, Hailsham, BN27 3QS. This is a wonderful place to walk in the Spring when all the daffodils are in bloom. Sadly, I am not allowed in the priory or cafe.

Rathfinny Estate: Alfriston, BN26 5TU. There is a self guided walking trail at this winery. Mum and Dad like to stop at the cellar door shop.

Raystede Centre for Animal Welfare: The Broyle, BN8 5AJ. You need to book the free tickets before you go as visitor numbers are limited for animal welfare reasons. I like the alpacas and the tortoises. There is a nice airy cafe and charity shop where mum and dad can spend their pennies and support this wonderful charity.

Wakehurst Place: Ardingly, RH17 6TN. There is a dedicated dog walking route here that takes you around some highly enriching sights, sounds and smells. There is an off lead run area by the millennium seed bank. You will also find plenty of dog bowls dotted around plus biodegradable poo bags and bins. The Seeds Cafe and Stable Pantry are both dog friendly.

Seasonal and Occasional Events

Arlington Bluebell Walk and Farm Trail: BN26 6SH From April to May Bates Green Farm opens up the beautiful bluebell woods and trails that stretch out over three working farms. The cafe is manned by a range of charities over the period the woods are open, For full details of opening times and charities visit www.bluebellwalk.co.uk

Beachy Head Lighthouse Challenge: Each year the Rotary Club of Eastbourne organise a walk to Beachy Head Lighthouse to raise funds for charity. It's a tough walk with steep steps and lots of scrambling over rocks. The views of the lighthouse and the wooden statues scattered around make it well worth the effort. Details on the Rotary Club website.

Dogtember: Saltdean Lido, BN2 2SP. At the end of each season Saltdean Lido opens its doors so us doggies can have some water fun. For four weekends during September/ October, you and your human can have a good splash and play. For more information go to www.wegotickets.com/dog-swim

Dotto: The fantastic Dotto Train runs between Holywell and the Harbour each year from Easter until the end of September. For a very reasonable price you and your human can hop on and off all day. I love waving to everyone as we go past them. It does make them smile! Try it!



Copper and Jake
Lords of all they survey!



Eastbourne Bandstand: Grand Parade, BN21 3AD. During the Summer Season dogs **are** allowed on the middle tier for Monday evenings' Open Mic Nights and the Sunday afternoon Brass Band performances. Eastbourne Silver Band are my favourite!

Paws in the Park: Ardingly Showground, RH17 6TL. 17th & 18th May 2025. I totally adore this event! A veritable feast of doggie fun! Lots of have a go activities, arena displays, competitions and lots of shopping! What more could a girl ask for???

Meads Makers Markets: Dog friendly craft fairs, run throughout the year at a variety of venues. They usually have at least a couple of doggie themed stalls. Check out their facebook page for a list of events.

The Wish Tower: The Napoleonic Martello Tower is open on occasional weekends throughout the summer. The venue is dog friendly. Take care, the stairs are very steep, but the views from the top are amazing!

Western Lawns - Free Events: Throughout the year there are a number of free events on the Western Lawns. Magnificent Motors kick off the season in May. My other favourites are Airbourne and The Bonfire Society's Steampunk Festival. For more information visit www.visiteastbourne.com/whats-on



Dog Walking Fields

Dog walking fields are fields or spaces for exclusive hire. Humans find these useful for dog training, using for dogs who have poor recall, exercising dogs that need to be isolated from other dogs like dogs on heat or dogs recovering from operations and also for reactive dogs who need a space where they feel safe.

My brother Tycho is 'fear reactive', frightened of other animals, but loves people and so we visit fields like this regularly. These are some of our favourites that get my Scamp of approval!

Blackboys Dog Meadow: Uckfield, TN22 5JB. This is one of the bigger fields. Seven acres of fully enclosed dog meadow. So Tycho can have a really good run, stretch his legs and get in lots of good sniffing.
www.blackboysdogmeadow.com

Etching Wood: Framfield Farm, TN22 5EW. As it says on the lid - a lovely wooded area with open spaces, trails and tracks. Only one and a half acres but the varied terrain make this definitely one of the more interesting fields. It is also nice and shady during hot weather.
www.etching-wood.co.uk

Freedom Fields: A choice of three fields. One in Stone Cross (Freedom Bluebells, BN24 5BJ) and two in Battle (Freedom Run and Freedom Sniff TN33 OLS). All between one and a half and two acres with six foot fencing. I love the agility equipment (wins me treats!), there is a shelter if it rains and eco-friendly poo bags are supplied.
www.freedomfields.org.uk

Heatherdene Hideaway: Hailsham, BN24 5BS. This is a two acre field with a six foot fence. There are lots of clumps of bushes and trees which make it great for playing hide and seek, but there is also plenty of open space for a game of ball. www.heatherdenehideaway.co.uk

Holmans Dog Walking Field: Little London, TN21 OAX. Definitely one of our favourites. A three acre field with six foot fencing and for an additional small charge, access to a seven acre field with four foot fencing. Lots of clumps of bushes and plenty of great sniffs. It feels like a real country walk. We once spotted deer in the neighbouring field!
www.holmansfields.co.uk



Part of the Playground
at
The Big Barn

The Big Barn: Hailsham, BN27 2RP. This is a really amazing place and a lifesaver for Tycho in the winter when other fields are water logged. There are four separate facilities:

The Big Barn: A huge indoor space with agility equipment. Plus some outside space.

The Fun Field: Two acres of grass, high fencing, obstacles and a shelter

The Sand Pit: A sandy based area with obstacles and a shelter

The Playground: A splash and dash play area with obstacles and a shelter

This wonderful venue is open from 6am to 10pm, 7 days a week. The barn and sandpit have coin operated lighting for the dark evenings. There is plenty of parking space (with a two car limit for each facility). Fresh water is available plus dog treats and poo bags. There are also toilets and a vending machine available for mum and dad.

This place is VERY popular so book well in advance!
www.thebigbarn.co.uk



These are just a few of the fields available. For a comprehensive list of all dog walking fields nationwide go to www.dogwalkingfields.com

Dog Services



Sometimes dog parents need a bit of help to look after us, just look at the before and after pics of me above for instance! So, with a bit of help, I've put together a list of useful services available around Eastbourne.

Dog Groomers

All Paws with Meg 33 Hambleton Close, BN23 8EY 07397 158116

 All Paws with Meg

Awash with Dogs Crockstead Farm Eastbourne Road BN8 6PT

www.awashwithdogs.co.uk

Beautiful Boofheads Broyle Farm Laughton Road 07510 596838

 Beautiful Boofheads

Bobby Dazzler's Dog Salon 54 Gosford Way, Hailsham

07707 664018  Bobby Dazzlers Dog Salon

Champooch Studios 27 Firlle Road BN22 8EE 01323 438999

 Champooch Studios

Chilley Farm Dog Grooming Rickney Lane Hailsham BN27 1SE

07929 450303

Clean Canines Grooming Pitreavie Drive Hailsham BN27 3XG

0754 8824114 www.cleancaninesgrooming.com

Cwth Cuts Bespoke Dog Grooming 07851 802838

f Cwth Cuts Bespoke Dog Grooming Eastbourne

Dashing Doodles Dog Grooming 4 Brassery Parade BN22 9QD

07772 056946 **f** Dashing Doodles Dog Grooming Eastbourne

Dolly Dogs Grooming Timberley Road 07543 681138

f Dolly Dog Grooming Eastbourne

Fluffy Pups Hailsham 07986 979895 **f** Fluffy Pups Hailsham

Glitter Paws 4 Brassey Avenue, Hampden Park. BN22 9NG

07803 515419 **f** Glitter Paws

Groom and Bloom 27 Firlie Road BN22 8EE

07825 149703 **f** Groom and Bloom Eastbourne

Grooming to Pawfection 2 Chilham Close BN23 7LB 07786 655927

www.groomingtopawfection.co.uk

Hotdogs Grooming 5 George Street Hailsham BN27 1AD 01323 846105

www.hot-dogs-grooming.co.uk

Judy's Dog Grooming Langney Point, Eastbourne 07766 715441

www.judysdoggrooming.co.uk

Jules Groom Room 2 Darent Close, Stone Cross. BN24 5PW 07869 281166

f Jules Groom Room

K9 Beauty Grooming Salon 110 Hazelwood Avenue. BN22 OUX

07449 497313 www.k9beauty.weebly.com

Kay's Dog Grooming 63 Madeira Way 07936 572750

f Kay's Dog Grooming Eastbourne

Kirsty's Grooms Eastbourne Unit 14, 116a Seaside 07824 697647

f Kirsty's Grooms Eastbourne

Lilla's Pet Grooming Champooch Studios, 27 Firlie Road, BN22 8EE

07943 514918 **f** Lilla's Pet Grooming

Lovely Dudley Dog Groom Tovey Close BN21 2TJ 07957 159521

 **Lovely Dudley dog groom**

Muddy Mutts Dog Groomer 9 Willard Close. BN22 8SX 07806 794746

www.muddy-mutts.co.uk

Posh Paws Dog Grooming Pevensey 07931 351228

 **Posh Paws Dog Grooms**

Pugs in a Tub Unit 14, Coachmakers, 116a Seaside. BN22 7QP

07753 934729 www.pugsinatub.co.uk

Scrubby Doos 19 Gorringe Valley Road 01323 486661

Scruffy Pups Grooming 89 Cavalry Crescent. BN20 8RL 0741 5379347

www.scruffypups.uk

Seven Sisters Pet Care Services 22 Hastings Avenue, BN25 3LQ

07398 135007 www.sevensisterspetservices.co.uk

Sues Grooms 6 Kingston Rd, BN22 9JD 07922 313 646

www.suesgrooms.co.uk

The Board Groom Willingdon Road, BN21 1TJ 01323 891123

 **The Board Groom**

The Groom Room Eastbourne Admiral Retail Park Lottbridge Drove

BN23 6QD 0345 600 9281

Tia and Duke 27 Firlie Road, BN22 8EE  **Tia & Duke - Dog Grooming**

Ultimutt Dog Grooming Dittons Road, Polegate, BN26 6HT 07597 040210

Woof Dog Grooming Kinfauns Ave 07525 760138

 **Woof Dog Grooming Eastbourne**

Mobile Dog Groomers

Doggy Style 07725 616 750 www.doggystylesussex.co.uk

Laurasdogroom 07596 373909 www.laurasdogroom.co.uk

Awash With Dogs - a self service dog wash!

This is a truly brilliant idea! A self service dog wash facility with easy, comfortable to use baths, grooming platforms and blaster dryers.

Mum and Dad used to struggle getting Grumpy into the bath or shower after he rolled in things like fox poo, but not anymore! They simply pop along to Awash with Dogs, select a shampoo and then go into one of the cubicles, give him a thorough wash and then move him onto a drying table.

They can even take Tycho there as on Tuesdays reactive dogs can book an appointment with sole use of the facility.

You can also get a grooming service there if you prefer and Donna who owns the place also offers puppy socialisation classes, a range of pet first aid training courses and sells yummy treats and exciting toys.

She also offers a sanctuary space there during local firework displays.

Based at Crockstead Farm, Eastbourne Road, BN8 6PT

www.awashwithdogs.co.uk



Tycho gets a bath!
Shouldn't have rolled in poo!





Bertie at Butchers Hole

Dog Walkers

According to mum: Dog walkers in our area do not currently need to be licensed. However you should check that your dog walker is insured.

Some dog walkers will also offer DBS certification and some may be dog first aid trained. Tell your dog parents not to be afraid to ask to see paperwork. They need to know you are in safe hands!

1066 Tails 07872 328988/07766 359471 www.1066tails.co.uk


4PAWS Dog Walking 07982 193595  4 Paws Eastbourne

Active Animal Dog Training 07532 076202 www.aapetcare.weebly.com

All Paws with Meg 07397 158116  All Paws with Meg

Animals at Home 07813 960128 www.eastsussex.animalsathome.co.uk

Bark and Stride 07875 560353 www.barkandstride.co

Barkley and Ball Dog Walking 07731 790151  Barkley and Ball

Bespoke Dog Services 07415 483613
www.bespokedogservices.business.site

Bone from Home 07974 713367 www.bonefromhome.co.uk

Bourne to Walk 07874 005765 www.bournetowalk.wix.com/dogs

Coast and Downs Professional Dog Walking 07858 175873

 **Coast and Downs Professional Dog Walking**

Ellens Housesitting Service 07852 439137

 **Ellens House Sitting Service**

Emma's Dog Walking 07841 455626

 **Emmas Dog Walking Eastbourne**

Fun Trick Dog Training 07791 337232 www.trick-dog-training.co.uk

Fur Babies Dog Walking 07462 521106 www.furbabiesdogwalking.co.uk

Happy Waggers 07539 640503 www.happywaggerspetservices.com

Hays Happy Tails 07809 404317  **Hays Happy Tails**

House and Hound 07720 823715  **House and Hound**

Howlin4yoou 07521 437 124 www.howlin4yoou.business.site

Its Dog Time 07944 808377 www.itsdogtime.co.uk

Jo's K9 Adventures 07944 280854  **Jo's K9 Adventures**

K9 Muddy Buddy 07983 138008 www.k9muddybuddy.co.uk

K9 Solutions Dog Walking Service 07717 797197

 **K9 Solutions Dog Walking Service**

Klein-lea dog services 07966 294126  **Klein-lea dog services**

Laura's k9 Adventures 07725 631203  **Laura's k9 Adventures**

Lead the Way 07955 027335

Leader of the Pack 07793 073159  **Leader of the Pack Eastbourne**

Little Woofers 07772 517097 www.littlewoofers.co.uk

- Maya and Friends** 07763 091912 www.mayadogwalking.co.uk
- Mutts About You Ltd** 07701 412413 www.muttsaboutyou.co.uk
- Oh My Paws** 07300 851694 www.ohmypaws.uk
- Paw Pals** 07429 150998 www.paw-pals.co.uk/eastbourne-hailsham
- Pawfect Pals** 07519 978525  Pawfectpalseastbourne
- Pawsome Unleashed** 07714 746170 www.pawsomeunleashed.com
- Pawsperty Pet Care** 07729 969188  Pawsperty Pet Care
- Poochy Treks** 07538 459417 www.poochytreks.com
- Purrs and Pups Pet Services** 07522 349558  Purrs & Pups Pet Service
- Riggles and Waggles** 07412 662187  Riggles and Waggles
- Running Paws** 07470 231071 www.running-paws.co.uk
- Seven Sisters Pet Care Services** 07398 135007
www.sevensisterspetservices.co.uk
- Stu's All Star Professional Dog Walking** 07702 061531
 Stus All Star Professional Dog Walking



Grumpy in
Friston Forest



Dog Friendly UK
Dog Walk

Take the Biscuit 07742 023568  Take the Biscuit Estbourne

The Crate Escape 07817 470731 www.thecrateescape.dog

The Dog Walking Lady 07526 227670  The Dog Walking Lady

The Dog Walking Company 07766 257484
www.thedogwalkingcompanyeastbourne.co.uk

Tilly's Rascals Dog Walking and Sitting 07460 320374
 Tilly's Rascals Dog Walking and Sitting

Treks and Checks 07850 621489  Treks and Checks

Unleashed Dog Walking 07891 472317  Unleashed Dog Walking

Waggy Walkers 07840 301720  Waggy Walkers

Walkers Walkies 07521 065213  Walker Dog Walks

Walking Paws 07745 565221  Walking Paws Eastbourne

We Love Pets Eastbourne 07500 378249
www.welovepets.care/branch/eastbourne

Woody's Walkies 07891 492102  Woodys Walkies Eastbourne

Your Fairy Dog Mother 07340 095102
 your.fairy.dog.mother.eastbourne

Your Pet's Friends 07447 073413 www.yourpetsfriends.co.uk

Zoomies with Zo 07840 145274  Zoomies with Zo

Dog Trainers and Behaviourists

Mum says dog trainers and behaviourists fulfill different roles - so it is important people get the right person for the job.

A dog trainer understands how dogs learn and help us dogs learn new skills. I have had dog trainers teach me how to do things.

A dog behaviourist is there to help dogs with behaviour issues. As I am a perfect pup I have not needed a behaviourist but my brother Tycho, who is fearful of most animals has. The behaviourists have met with us all to talk about Tycho so they could try to analyse the root of the problem and have then given mum and dad strategies to use to improve and possibly eliminate his problems.

It is a good idea to see a vet before seeking help from a behaviourist as sometimes it can be a medical issue that is causing the behaviour.

Dog Trainers

Active Animal Dog Training 07532 076202 www.aapetcare.weebly.com

Angelas Canine Academy 07415 859360  Angela's Canine Academy

Bark and Stride 07875 560353 www.barkandstride.co.uk

Bees Knees Dog Training 07967 229472 www.beeskneesdogtraining.co.uk

Bespoke Dog Services 07415 483613
www.bespokedogservices.business.site

Castle K9 07850 540084  Castle K9

Cathy's K9 Capers 07983 138009 www.cathysk9capers.co.uk

Fun Trick Dog Training 07791 337232 www.trick-dog-training.co.uk

Good K9 - companion dog training 07956 976236 www.goodk9.co.uk

Harmonious Hounds Dog Training and Behaviour
www.harmonioushoundstraining.co.uk

Klein-lea Dog Services 07966 294126  Klein-lea dog services

Kylo K9 07368 801034 www.kylok9.co.uk

Paws Dog Training 01323 482142 www.pawsdogtraining.co.uk

Pawsome Dogs 07841 873462  Pawsome Dogs1

Pet Potential Dog Training 07973 229626  Pet Potential

Real Life Results Dog Training 07734 363585  RLR Dog Training

Smart Mutts Dog Training 07923 289956  Smart Mutts Sussex

South Coast Dog Training 07429 493710
www.southcoastdogtraining.co.uk

Dog Behaviourists

Go K9 07807 077115 www.goodk9.co.uk

Kate Harper Dog Training 07528 458 394
www.kateharperdogtraining.co.uk

K9 Muddy Buddy 07983 138008 www.k9muddybuddy.co.uk



Arthur showing us
how it's done

Tycho having fun
at 1066 K9 Games



Kylo K9 07368 801034 www.kylok9.co.uk

Naturally Pets 07960 018383 www.naturallypets.co.uk/wordpress/

Pet Portraits

Amanda Bickley Photography 07833 458624
www.amandabickleyphotography.zenfolio.com

Jane de Weck Photography 01323 727750 www.janedeweck.co.uk

Pencil and Paint by Jan East 07944 573124 www.jansart.uk

Miscellaneous

Just Cat Flaps Dog flap fitting www.justcatflaps.co.uk



1066 Mantrailing and K9 Games

www.1066mantrailing.co.uk

Using the theory that if dogs use their brain and their sense of smell it can tire them out as much as a good run, the dog parents decided to try out Mantrailing with Tycho.

Mantrailing involves searching for a person with your dog. There is no special equipment needed just a long line and Y shaped harness. At 1066 groups are kept small, work one at a time and wait in their own car between turns, so this seemed an ideal activity for 'dog' reactive Tycho.

After an introductory session you can book progression sessions at a variety of venues with the trails getting harder and more complex as the dogs get more experienced. Tycho really enjoyed this but was a bit too easily distracted to progress. However, 1066 then started their **K9 Games** sessions. An obstacle course to navigate followed by fun food challenges. Tyke loves this. He has made real progress and his self confidence has increased enormously. He used to be wary about putting his face in anything - now he 'pickpockets' treats out of Mum's coats!

1066 are also starting **Trail Hunt International** courses. This is a sport that teaches dogs to follow a scent trail to find a pod.

All of these activities are suitable for virtually all dogs and handlers whatever age, fitness or ability.



Health and Wellbeing



Petra

Agility Classes

Agility is a great sport and strengthens the woof/dog parent bond.

Frizz's Fun Mobile Agility Club 07890 164568

f Frizz's Fun Mobile Agility Club

Go K9 Training 07807 077115 www.goK9training.com

Canine Hydrotherapy

Canine hydrotherapy is very helpful in promoting recovery. It helps relax muscle tension and spasms, gives less concussion on the joints and increases the range of motion. We used to take my elderly brother Shearer for sessions. I got a puppy swim as part of his session - I did not enjoy it!

Ability Hound Unit 13, Birch Estate, Birch Road, BN23 6PH.

01323 732873 www.abilityhound.co.uk

The Canine Rehab Co 07793 034535 **f** The Canine Rehab Co

Dental Treatments

Keeping teeth clean avoids painful dental disease and costly treatment.

K9 Dental Boutique BN26 5PA 07968 872311 **f** k9 Dental Boutique

Dog First Aid Training

We doggies can have an accident or fall ill anywhere. So it is a good idea for dog parents to be trained in canine First Aid in case of emergency.

Awash with Dogs The Old Saddlery, Crockstead Farm, Eastbourne Road, Halland, BN8 6PT. 01825 840992 www.awashwithdogs.co.uk

Dog First Aid Sussex 07498 557064 www.dog-first-aid.com

Lily Dean Training 07901 656396 www.lilydeantraining.co.uk

Flyball

Flyball is a dog sport where dogs race against each other, over a line of hurdles to a box that releases a tennis ball to be caught by the dog when they press a spring loaded pad before running back to their human carrying the ball. Great fun they say - but far too energetic for me!

All 4 One  All 4 One

Southern Striders Flyball Team  Southern Striders Flyball Team

Up & Running Flyball Team  Up & Running Flyball Team

Massage

Massage has multiple benefits for dogs. It can reduce pain, stress and anxiety, improve circulation, joint flexibility and digestion and can help recovery from injury.

Curley Canine Therapy Mobile canine deep tissue massage. 07775 663912 www.curleycaninetherapy.co.uk

Microchipping

It is a legal requirement that all dogs in the UK have to be microchipped and registered by the time they are 8 weeks old.

Bourne to Walk BN21 3TP 07874 005765 www.bournetowalk.wix.com/dogs

Jo's K9 Adventures 07944 280 854  Jo's K9 Adventures

Physiotherapy

Physiotherapy is another treatment which can have many benefits including reduced pain, increased motion, and flexibility.

Helen Philio 36 Beechfield Close, BN24 5FH 07716 127463
www.helenphiliovetphysio.co.uk

The Canine Rehab Co 07793 034535  The Canine Rehab Co

Puppy Socialisation

Puppy socialisation is so important to make sure a dog grows up to be a happy and confident adult. Mum says I am good evidence of that! She says I am a proper little madam!

Awash with Dogs Crockstead Farm, Eastbourne Road, BN8 6PT
01825 840992 www.awashwithdogs.co.uk

Sensory Experiences

Safe and secure environments that allow dogs to explore, sniff, search and investigate getting a great mental and physical workout. Great for all dogs but especially beneficial for reactive dogs like Tycho.

Crabtree Canine Enrichment Centre Crowborough TN6 1UB
www.horseandhoundschool.co.uk/crabtreeenrichmentcentre

The Secret Dog Garden Rustington www.commonscentsenrichment.com

Swimming

Swimming is a significant form of exercise for maintaining fitness and improving self confidence. A great non weight bearing exercise. Personally I have never liked doing anything that involves getting wet (ruins the hair!) but other dogs seem to love it and have tremendous fun.

Dog Splash Eastbourne Road, BN24 5NJ 07774 644444
www.dogsplash.co.uk

Dogtember weekend dog swims at Saltdean Lido over four weekends in September and October.

Vets

Cobie Vets The Enterprise Centre, Station Parade, BN21 1BD
01323 646329 www.cobievetcare.co.uk

Companion Care Eastbourne 29 Lottbridge Drove, BN23 6QD
01323 649315 www.companioncare.co.uk/eastbourne

Downland Veterinary Group 36 The Goffs, BN21 1HD 01323 721087
www.downlandvets.co.uk

Eastbourne Vets Various sites see website www.eastbournevets.co.uk

Highcroft Veterinary Group 1 Millfields, Station Rd, BN26 6AS
01323 487333 www.highcroftvets.co.uk

St Annes Vets various sites see website 01323 640011
www.stannesvets.co.uk

Vets Now Eastbourne Emergency Vets 6 St Anne's Rd 01323 325168
www.vets-now.com/find-an-emergency-vet/eastbourne



Tycho at
Dog Splash

Home and Away



If the hoomans are going out for the day or on a holibob they need to get someone to look after us woofs. There are a lot of options to choose from. Different things will suit different dogs and it's important they find the right fit.

It is crucial to check any service used has the required licenses and insurances otherwise any pet insurance may be voided if a dog has an accident when in that care. Lists of licensed establishments can be obtained on Wealden and Rother websites. For Eastbourne please email licensing@lewes-eastbourne.gov.uk

Doggy Day Care

Doggy Day Care is great for dogs that socialise well when their humans are going to be out all day. The law says that these establishments should be licensed by the local authority and insured.

The local authority will state the maximum number of dogs they can have and will give them a star rating.

1066 Tails BN27 07872 328928/07766 359471 www.1066tails.co.uk

Active Animal Dog Training BN27 07532 076202
www.aapetcare.weebly.com

All About the Dogs TN21 www.allaboutthedogs.info

Animals at Home BN22 07813 960128
www.eastsussex.animalsathome.co.uk

Bell Reed Kennels and Cattery TN21 047477 604508
www.bellreedkennels.co.uk

Bone From Home TN 40 07974n713367 www.bonefromhome.co.uk

Buddies Pet Services BN22 07725 525500  Buddies Pet Services

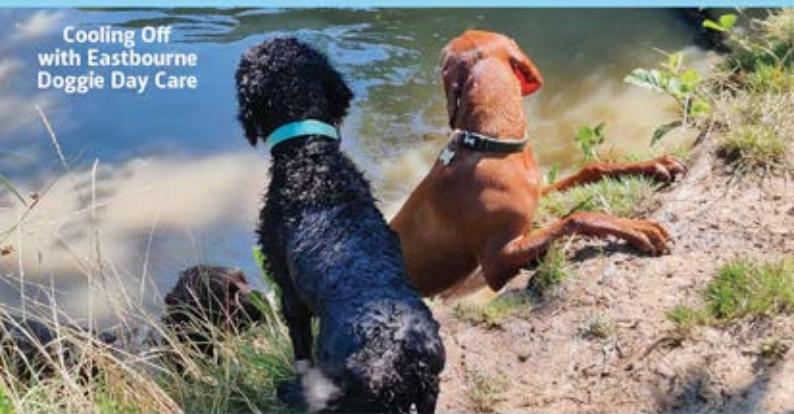
Caits Doggy Day Care TN21 07484 141480

Cuckoo Dog Day Care and Dog Boarding TN21 07462 173012
www.cuckoo-dog-daycare.co.uk

Eastbourne Doggie Daycare BN23 07738 159637
www.eastbournedoggiedaycare.co.uk

Glamapaws Doggy Days BN24 07931 716990
 Glamapaws Doggy Days

Cooling Off
with Eastbourne
Doggie Day Care



Millennium Dog Day Care TN21 07780 008408
www.millenniumdoggydaycare.co.uk

We Love Pets Eastbourne BN21 07500 378249
www.welovepets.care/branch/eastbourne

Dog Home Boarders

Dog home boarders look after doggies in the boarders house. It's a nicer, cosier solution with more human companionship than kennels.

Home Boarders who earn more than £1000 from doing this and any other self employed activities must be licensed and insured.

Some home boarders will have other dogs from different families at the same time so this needs to be taken into consideration when your dog parents are choosing who is to look after you.

1066 Tails BN27 07827 328 988 www.1066tails.co.uk

Active Animal Pet Care BN27 07532 076 202
f Active Animal Pet Care

All About the Dogs TN21 www.allaboutthedogs.info

Animals at Home 07813 960 128 www.animalsathome.co.uk

Bed and Bone Boarding 0754 556 8741 www.bedandboneboarding.co.uk

Black Dog Home Boarding Various Locations 01435 86645
www.blackdoghomeboarding-sussex.co.uk

Bone From Home TN40 07974 713367 www.bonefromhome.co.uk

Buddies Pet Services BN22 07725 525 500 f Buddies Pet Services

Cuckoo Dog Day Care and Dog Boarding TN21 07462 173 012
www.cuckoo-dog-daycare.co.uk

Dogs as Guests BN26 07940 473388 www.dogsasguests.com

Eastbourne Doggie Day Care BN23 07738 159 637
www.eastbournedoggiedaycare.co.uk

Happy Hounds Home Stay TN21 01435 860 655
www.happyhoundshomestay.co.uk

K9 Muddy Buddy BN23 07983 138 008 www.k9muddybuddy.co.uk

Mutts About You 07701 412 413 www.muttsaboutyou.co.uk

Pawsome Dog Boarding  pawsome uckfield

Tickarage Doggy Hotel TN22 07970 866 140
www.tickeragedoggyhotel.co.uk

Tillys Rascals Dog Walking and Sitting BN26 07460 320 374
 Tillys Rascals Dog Walking and Sitting

We Love Pets Eastbourne BN21 07500 378 249
www.welovepets.care/branch/eastbourne



Shearer
staying in his boarders
cosy home

Dog House Sitters

This is my preferred option. Dog house sitters come to your house so you are in a familiar situation, it is so less stressful! Dog sitters do not need to be licensed but should be insured. Do check references and ask if they have a DBS certificate.

All Paws With Meg 07397 158116  All Paws With Meg

Animals at Home 07813 960128 www.eastsussex.animalsathome.co.uk

Bourne to Walk 07874 005765 www.bournetowalk.wix.com/dogs

Connect2yourpet 07783 070766 www.connect2yourpet.co.uk


Ellens Housesitting Service 07852 439137

 Ellen's House Sitting Service

Happy Pets, Secure Home - The Ultimate Service 07908 815934

 Happy Pets, Secure Home - The Ultimate Service

Hays Happy Tails 07809 404317  Hays Happy Tails

In the Dogs' House 07855 644227  In the Dogs' House

Jo's K9 Adventures 07944 280854  Jo's K9 Adventures

Jess' Pet Sitting and Crafts 07872 557447

 Jess' Pet Sitting and Crafts

Kylo K9 07368 801034 www.kylok9.co.uk

Laura's k9 Adventures 07725 631203  Laura's k9 Adventures

Leader of the Pack 07793 073159  Leader of the Pack Eastbourne

Little Woofers 07772 517097 www.littlewoofers.co.uk

Maya and Friends Dog Walking 07763 091912

www.mayadogwalking.co.uk

Muddy Movos  Muddy Movos

Oh My Paws 07300 851694 www.ohmypaws.uk

Poochy Treks 07538 459417 www.poochytreks.com

Purrs & Pups Pet Services 07522 349 558  Purrs & Pups Pet Services

Steph's Perfect Paws 07849 620428  Steph's Perfect Paws

Tilly's Rascals Dog Walking and Sitting 7461 320374

 Tilly's Rascals Dog Walking and Sitting

Treks and Checks 07849 621489  Treks and Checks

Walkers Walkies 07521 065213  Walker Dog Walks

Walking Paws 07745 565221  Walking Paws Eastbourne

We Love Pets Eastbourne 07500 378249
www.welovepets.care/branch/eastbourne

Your Fairy Dog Mother 07340 095102

 Your Fairy Dog Mother Eastbourne

Dog Boarding Kennels

If your humans are going away for a long time or if you like to be amongst other dogs, kennels might be right for you. Kennels are legally required to be licensed and insured.

Linden Lodge Kennels and Cattery 01323 842049
www.lindenlodgekennels.co.uk

Nightingale Boarding Kennels 01323 488757
www.nightingalekennels.co.uk

Pridelands Boarding Kennels 01323 811712 www.pridelandskennels.co.uk

Bell Reed Kennels and Cattery 047477 604508
www.bellreedkennels.co.uk

Holiday Accommodation



The Grand Hotel
Supports
Hearing Dogs
for the Deaf

Hotels

Afton Hotel 2-8 Cavendish Place, BN21 3EJ 01323 733162
www.aftonhotel.com

Best Western York House Hotel 14 -22 Royal Parade, BN22 7AP
01323 412918 www.yorkhousehotel.co.uk/

Hotel Iverna 32 Marine Parade, BN22 7AY 01323 730768
www.the-iverna.inn.fan

Hydro Hotel Mount Road, BN20 7HZ 01323 720643 www.hydrohotel.com

Lansdowne Hotel King Edward's Parade, BN21 4EE 01323 725174
www.lansdowne-hotel.co.uk

Royal Hotel 8-9 Marine Parade, BN21 3DX 01323 649222
www.eastbourneroyal.co.uk

Shore View Hotel 20 Marine Parade, BN22 7AY 01323 302200
www.hoteleastbourne.top

The Berkeley Guest House 3 Lascelles Terrace, BN21 4BJ
01323 645055 www.theberkeley.net

The Chatsworth Hotel Grand Parade, BN21 3YR 01323 676350
www.thechatsworthhotel.co.uk

The Cumberland Hotel 34 - 36 Grand Parade 01323 730342
www.hotelcumberland.co.uk

The East Beach Hotel 23 - 25 Royal Parade, BN22 7AN 01323 731398
www.eastbeachhotel.co.uk

The Grand Hotel King Edwards Parade, BN21 4EQ 01323 412345
www.grandeastbourne.com

The View Hotel Grand Parade, BN21 4DN 01323 433900
www.theviewhoteleastbourne.com

Travelodge Willingdon Drove, BN23 8AL 08715 591820
www.travelodge.co.uk/hotels/459/Eastbourne-Willingdon-Drove

West Rocks Town House 44 Grand Parade, BN21 4DL 01323 920800
www.westrockshotel.com

Bed & Breakfast

The Berwick Inn Dogs are welcomed in the accommodations' double room www.berwick.com

Saltmarsh Farmhouse Seven Sisters Country Park
www.saltmarshfarm.co.uk

Self Catering

Beachy Head Holiday Cottages Set in and around a walled garden in beautiful East Dean. 01323 423878 www.beachyhead.org.uk

Carlisle Court Holiday Flats Located in the centre of Eastbourne. 01323 721915 www.eastbourneholidaylettings.co.uk

Exclusively Eastbourne High quality, dog friendly self catering cottages in the Eastbourne area. www.exclusivelyeastbourne.co.uk

Glyndley Manor Cottages Pet friendly cottages in the countryside on the Glyndley Manor Estate 01323 440440 www.glyndleymanorcottages.org

Holiday Cottages A wide range of dog friendly self catering options in Eastbourne and the surrounding area. www.holidaycottages.co.uk

Saffrons Apartment A spacious 1st floor apartment with its own entrance and private patio. www.saffronsapartment.co.uk/en_GB

Sea Beach Cottage A two bedroom cottage on the seafront opposite the art project beach huts. www.sykescottages.co.uk

Camping and Glamping

Bramley Park Camping Polegate BN26 5PH www.bramleyparkcamping.com

Chilley Farm Camping Hailsham, BN27 1SE  Chilley Farm Barn

Cinderford Camping Hailsham BN27 4HL www.cinderfordcamping.co.uk

Dernwood Farm Heathfield TN21 0PN www.dernwoodfarm.com

Holmans Woods Heathfield TN21 0AX www.pitchup.com

Little Downash Rickney Lane, BN27 2RN www.littledownash.co.uk

Netherfield Place Farm Battle TN33 9PY www.netherfieldplacefarm.co.uk

Normans Bay Camping and Caravanning Normans Bay BN24 6PA
www.campingandcaravanningclub.co.uk

Yamp Camp Firle Firle BN8 6NZ www.yampcamp.co.uk



Grita exploring Pevensey
on her hollbobs

Dog Etiquette



Life is so much easier for everybody if all owners and dogs act respectfully towards each other and the environment. So please ensure your humans:

Pick up your poo and dispose of it in a bin or take it home,

Do not take you on the beaches from the Wish Tower to the Pier during the period 1st May to 30th Spetember.

Put you back on your lead if another on lead dog approaches. These dogs may be recovering from an operation, have a disability, be reactive or be in training. They do not need you running up to say hello!

Keep you on a lead where they should eg places like Motcombe Gardens and Manor Park

Are aware of 'yellow' dogs wearing a yellow harness/lead/coat. These dogs need space so keep your distance.

Do not take you out in extreme weather conditions - no dog ever died from missing a walk.

Remember: A good owner is a well trained owner!

Paw Pals

Many thanks to all of the proud dog parents who sent in photos for use in my little book. Please find below some more lovely guys. Apologies if I did not use your photo but there was limited space.



Want to be in the next guide? Send photos to dogfriendlyeb@gmail.com. They should be landscape and at least 300dpi. They are more likely to be included if they show an Eastbourne attraction or dog friendly business.



*written by Scamp Whitmore
with a little help from Karey Whitmore
and Ms Scamp's Personal Photographer Jon Whitmore*
www.dogfriendlyeastbourne.co.uk

