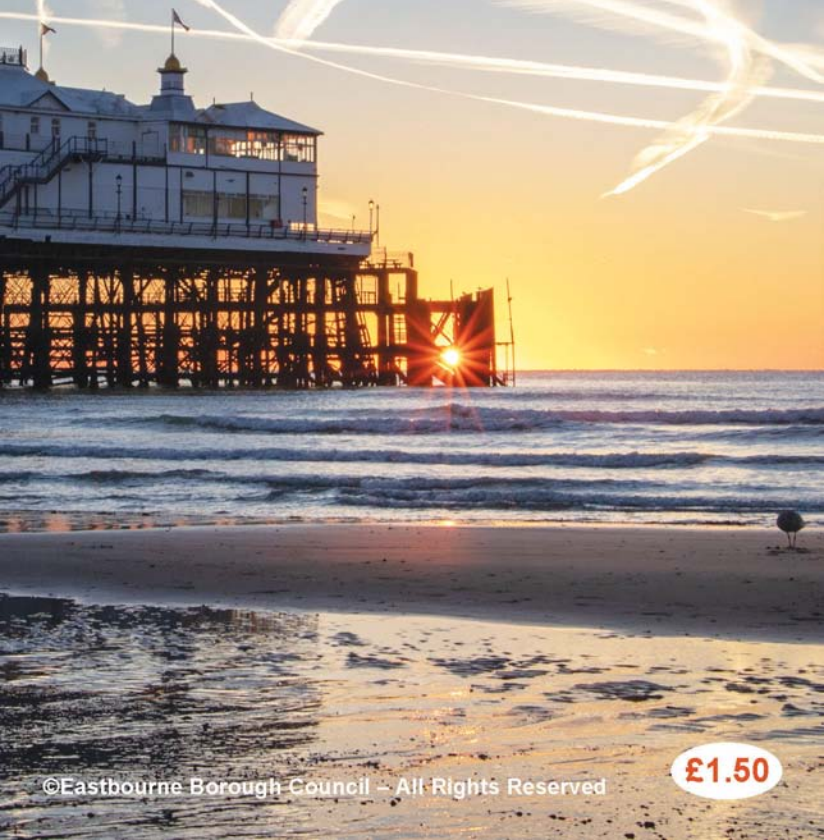


EASTBOURNE

Tidal Predictions 2020



EASTBOURNE

Tidal Predictions 2020

About Tides

The gravitational pull of the Moon and the Sun create tides on Earth. The Moon which is much nearer to the Earth exerts a greater influence.

Basically, the gravitational attraction of the Moon causes the oceans facing it to 'bulge' out in the direction of the Moon. Another bulge happens on the opposite side because the Earth is also being pulled towards the Moon and away from the oceans on the far side. These two bulges represent high tides. Points on the sides of the Earth between the two bulges experience low tides. Since the Earth rotates, two tides occur each day.

When the Sun and Moon are aligned on the same side as the Earth, the tides they cause - which are stronger than usual since they are pulling together - are called Spring tides. Conversely, when the Sun and the Moon are at right angles to each other and are pulling in opposite directions, tides are weaker and are called neap tides.

Tides are measured from a level called 'Chart Datum'. Chart Datum is approximately the level of the lowest astronomical tide (LAT). This is the lowest level that the tide falls to under the influence of the pull of the moon, sun and planets.

Caution: *The times and heights presented in the tide tables are predictions only, not to be used for Navigation and may be influenced by variations in meteorological events. The times are also presented as GMT, you must add one hour where appropriate for BST. Eastbourne Borough Council does not accept any responsibility in law for the information in these tide tables.*

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1 W	02 38	6.5	14 48	6.1	09 11	1.8	21 33	1.7	
2 TH	03 19	6.1	15 33	5.7	09 56	2.0	22 20	2.0	
3 F)	04 08	5.8	16 31	5.4	10 48	2.2	23 13	2.2	
4 SA	05 07	5.7	17 39	5.3	11 47	2.3			
5 SU	06 12	5.5	18 45	5.4	00 14	2.3	12 54	2.2	
6 M	07 13	5.8	19 45	5.7	01 22	2.2	14 02	2.1	
7 TU	08 10	6.1	20 40	6.1	02 28	2.1	15 01	1.8	
8 W	09 01	6.5	21 30	6.5	03 24	1.8	15 50	1.5	
9 TH	09 47	6.9	22 16	6.9	04 11	1.6	16 34	1.2	
10 F O	10 30	7.1	22 59	7.1	04 55	1.2	17 18	1.0	
11 SA	11 13	7.4	23 43	7.4	05 38	1.1	18 02	0.8	
12 SU	11 57	7.4			06 22	0.9	18 46	0.7	
13 M	00 27	7.4	12 41	7.4	07 05	0.9	19 30	0.7	
14 TU	01 13	7.4	13 25	7.4	07 50	0.9	20 16	0.7	
15 W	01 58	7.4	14 13	7.1	08 39	1.0	21 05	0.9	
16 TH	02 46	7.1	15 03	6.9	09 31	1.1	21 57	1.0	
17 F (03 39	6.9	15 59	6.5	10 26	1.4	22 54	1.4	
18 SA	04 37	6.5	17 03	6.1	11 29	1.6	23 59	1.6	
19 SU	05 44	6.2	18 18	5.8			12 38	1.7	
20 M	06 59	6.2	19 39	5.9	01 11	1.8	13 50	1.7	
21 TU	08 12	6.2	20 50	6.1	02 21	1.7	14 55	1.6	
22 W	09 14	6.5	21 48	6.5	03 22	1.6	15 51	1.4	
23 TH	10 07	6.7	22 36	6.7	04 15	1.4	16 40	1.1	
24 F ●	10 52	7.0	23 20	7.0	05 02	1.2	17 25	1.0	
25 SA	11 33	7.1			05 45	1.1	18 07	0.9	
26 SU	00 00	7.1	12 11	7.1	06 24	1.1	18 44	0.9	
27 M	00 36	7.1	12 44	7.0	06 59	1.1	19 19	0.9	
28 TU	01 09	7.0	13 15	6.9	07 34	1.1	19 52	1.0	
29 W	01 37	6.9	13 42	6.6	08 06	1.2	20 25	1.2	
30 TH	02 04	6.7	14 11	6.3	08 41	1.5	21 00	1.4	
31 F	02 30	6.5	14 42	6.1	09 17	1.6	21 35	1.7	

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1 SA	03 04	6.2	15 21	5.8	09 56	1.9	22 14	1.9	
2 SU ☽	03 47	5.8	16 13	5.4	10 45	2.1	23 06	2.2	
3 M	04 45	5.5	17 34	5.3	11 46	2.2			
4 TU	06 15	5.4	19 00	5.3	00 17	2.3	13 03	2.2	
5 W	07 31	5.7	20 07	5.7	01 37	2.3	14 19	2.0	
6 TH	08 33	6.1	21 06	6.2	02 51	2.0	15 23	1.7	
7 F	09 27	6.6	21 58	6.7	03 48	1.6	16 14	1.2	
8 SA	10 16	7.1	22 46	7.3	04 36	1.2	17 01	0.9	
9 SU ○	11 01	7.4	23 32	7.5	05 22	0.9	17 46	0.6	
10 M	11 47	7.7			06 08	0.7	18 32	0.5	
11 TU	00 18	7.7	12 32	7.7	06 52	0.6	19 16	0.4	
12 W	01 02	7.8	13 16	7.7	07 38	0.5	20 01	0.4	
13 TH	01 45	7.8	14 00	7.5	08 23	0.6	20 47	0.5	
14 F	02 28	7.5	14 44	7.1	09 10	0.8	21 34	0.8	
15 SA ☾	03 14	7.1	15 33	6.6	09 59	1.0	22 24	1.2	
16 SU	04 05	6.6	16 29	6.1	10 54	1.5	23 24	1.7	
17 M	05 04	6.1	17 41	5.5			12 04	1.8	
18 TU	06 20	5.7	19 12	5.4	00 41	2.0	13 26	2.0	
19 W	07 52	5.7	20 38	5.7	02 03	2.0	14 39	1.8	
20 TH	09 03	5.9	21 39	6.2	03 09	1.9	15 38	1.6	
21 F	09 57	6.3	22 25	6.6	04 03	1.6	16 27	1.2	
22 SA	10 41	6.7	23 06	6.9	04 49	1.2	17 10	1.0	
23 SU ●	11 20	6.9	23 43	7.1	05 28	1.1	17 47	0.9	
24 M	11 55	7.0			06 06	1.0	18 24	0.8	
25 TU	00 17	7.1	12 26	7.0	06 39	1.0	18 55	0.8	
26 W	00 45	7.0	12 51	6.9	07 10	1.0	19 28	0.9	
27 TH	01 08	7.0	13 14	6.9	07 41	1.0	19 57	1.0	
28 F	01 28	6.9	13 39	6.7	08 10	1.1	20 25	1.1	
29 SA	01 54	6.7	14 08	6.5	08 39	1.4	20 52	1.4	

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1 SU	02 24	6.5	14 42	6.2	09 09	1.6	21 25	1.7	
2 M)	03 02	6.1	15 25	5.8	09 48	1.8	22 11	2.0	
3 TU	03 51	5.7	16 24	5.3	10 46	2.1	23 17	2.3	
4 W	05 02	5.3	18 16	5.1			12 05	2.3	
5 TH	06 56	5.3	19 41	5.5	00 53	2.3	13 41	2.1	
6 F	08 09	5.8	20 46	6.2	02 24	2.1	14 59	1.7	
7 SA	09 08	6.5	21 42	6.9	03 28	1.6	15 54	1.1	
8 SU	10 00	7.0	22 30	7.4	04 18	1.1	16 41	0.7	
9 M O	10 47	7.5	23 17	7.8	05 04	0.7	17 27	0.4	
10 TU	11 33	7.8			05 50	0.5	18 13	0.3	
11 W	00 02	7.9	12 19	7.9	06 34	0.3	18 56	0.2	
12 TH	00 45	8.1	13 01	7.9	07 18	0.3	19 41	0.2	
13 F	01 26	7.9	13 43	7.7	08 02	0.4	20 24	0.4	
14 SA	02 07	7.7	14 24	7.3	08 47	0.6	21 08	0.7	
15 SU	02 48	7.1	15 10	6.7	09 32	0.9	21 54	1.2	
16 M (03 35	6.5	16 04	6.1	10 22	1.5	22 50	1.8	
17 TU	04 32	5.8	17 11	5.4	11 29	1.9			
18 W	05 48	5.3	18 47	5.1	00 13	2.2	13 03	2.1	
19 TH	07 31	5.3	20 22	5.5	01 43	2.2	14 20	2.0	
20 F	08 49	5.7	21 22	6.1	02 53	2.0	15 20	1.7	
21 SA	09 41	6.1	22 07	6.5	03 45	1.7	16 06	1.4	
22 SU	10 23	6.5	22 44	6.9	04 28	1.4	16 46	1.1	
23 M	10 59	6.7	23 19	7.0	05 06	1.1	17 22	0.9	
24 TU ●	11 32	6.9	23 51	7.1	05 40	1.0	17 57	0.8	
25 W			12 01	7.0	06 14	0.9	18 30	0.8	
26 TH	00 16	7.0	12 24	6.9	06 45	0.9	19 00	0.9	
27 F	00 36	7.0	12 47	6.9	07 14	0.9	19 30	1.0	
28 SA	00 58	7.0	13 13	6.9	07 42	1.0	19 54	1.1	
29 SU	01 24	6.9	13 41	6.7	08 06	1.1	20 20	1.2	
30 M	01 55	6.6	14 15	6.5	08 37	1.4	20 55	1.6	
31 TU	02 31	6.3	14 56	5.9	09 18	1.7	21 43	1.9	

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1 W)	03 18	5.8	15 54	5.5	10 13	2.0	22 47	2.2	
2 TH)	04 25	5.3	17 41	5.3	11 29	2.2			
3 F)	06 27	5.3	19 16	5.5	00 21	2.3	13 09	2.1	
4 SA)	07 46	5.8	20 25	6.2	01 59	2.0	14 32	1.7	
5 SU)	08 48	6.5	21 20	6.9	03 05	1.5	15 30	1.1	
6 M)	09 41	7.0	22 10	7.5	03 55	1.0	16 17	0.7	
7 TU)	10 28	7.5	22 55	7.9	04 41	0.6	17 03	0.4	
8 W O	11 15	7.8	23 40	8.1	05 27	0.3	17 50	0.2	
9 TH)			12 00	7.9	06 13	0.2	18 35	0.2	
10 F)	00 23	8.1	12 43	7.9	06 56	0.2	19 18	0.3	
11 SA)	01 04	7.9	13 24	7.7	07 41	0.4	20 01	0.5	
12 SU)	01 44	7.5	14 06	7.3	08 23	0.6	20 44	0.9	
13 M)	02 24	7.0	14 50	6.7	09 07	1.0	21 29	1.4	
14 TU)	03 10	6.3	15 43	6.1	09 54	1.5	22 22	1.9	
15 W)	04 07	5.7	16 47	5.5	10 55	1.9	23 41	2.3	
16 TH)	05 16	5.1	18 10	5.3			12 32	2.2	
17 F)	06 54	5.0	19 50	5.4	01 18	2.3	13 51	2.1	
18 SA)	08 19	5.4	20 50	5.9	02 25	2.1	14 50	1.8	
19 SU)	09 12	5.9	21 36	6.3	03 18	1.7	15 36	1.5	
20 M)	09 54	6.3	22 14	6.7	03 59	1.4	16 15	1.2	
21 TU)	10 29	6.6	22 47	6.9	04 36	1.1	16 52	1.0	
22 W)	11 01	6.7	23 16	7.0	05 11	1.0	17 26	1.0	
23 TH ●	11 29	6.9	23 41	7.0	05 44	0.9	18 01	0.9	
24 F)	11 55	6.9			06 18	0.9	18 34	1.0	
25 SA)	00 05	7.0	12 23	6.9	06 49	0.9	19 02	1.0	
26 SU)	00 31	7.0	12 51	6.9	07 16	1.0	19 30	1.1	
27 M)	01 01	6.9	13 22	6.7	07 45	1.1	19 59	1.2	
28 TU)	01 34	6.7	13 58	6.5	08 18	1.2	20 39	1.5	
29 W)	02 13	6.3	14 42	6.2	09 02	1.5	21 29	1.8	
30 TH)	03 01	5.9	15 43	5.7	09 58	1.8	22 34	2.1	

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1 F	04 10	5.4	17 18	5.5	11 10	2.0			
2 SA	05 58	5.4	18 49	5.8	00 00	2.1	12 40	1.9	
3 SU	07 18	5.8	19 57	6.3	01 29	1.9	14 01	1.6	
4 M	08 22	6.5	20 54	7.0	02 36	1.4	15 01	1.1	
5 TU	09 16	7.0	21 45	7.5	03 29	0.9	15 51	0.7	
6 W	10 07	7.4	22 31	7.8	04 16	0.6	16 38	0.5	
7 TH O	10 54	7.7	23 17	7.9	05 04	0.4	17 25	0.4	
8 F	11 40	7.8			05 50	0.3	18 12	0.4	
9 SA	00 01	7.9	12 24	7.7	06 36	0.4	18 56	0.5	
10 SU	00 43	7.7	13 08	7.5	07 20	0.5	19 40	0.7	
11 M	01 23	7.4	13 50	7.1	08 03	0.7	20 23	1.0	
12 TU	02 05	6.9	14 34	6.7	08 46	1.1	21 08	1.5	
13 W	02 50	6.3	15 24	6.2	09 33	1.5	21 58	1.9	
14 TH C	03 43	5.7	16 21	5.7	10 26	1.9	23 02	2.2	
15 F	04 45	5.3	17 27	5.4	11 40	2.1			
16 SA	05 57	5.1	18 46	5.5	00 32	2.3	13 05	2.1	
17 SU	07 24	5.3	20 00	5.8	01 44	2.1	14 07	1.9	
18 M	08 27	5.7	20 51	6.1	02 38	1.9	14 57	1.7	
19 TU	09 12	5.9	21 31	6.5	03 23	1.6	15 39	1.5	
20 W	09 50	6.3	22 05	6.7	04 02	1.4	16 17	1.4	
21 TH	10 22	6.6	22 36	6.9	04 38	1.2	16 55	1.2	
22 F ●	10 54	6.7	23 06	6.9	05 14	1.1	17 31	1.1	
23 SA	11 27	6.9	23 38	7.0	05 50	1.0	18 07	1.1	
24 SU			12 01	6.9	06 25	1.0	18 41	1.1	
25 M	00 10	7.0	12 35	6.9	06 56	1.0	19 13	1.1	
26 TU	00 45	6.9	13 11	6.9	07 31	1.1	19 48	1.2	
27 W	01 22	6.7	13 51	6.6	08 09	1.1	20 31	1.5	
28 TH	02 05	6.5	14 39	6.3	08 55	1.4	21 23	1.6	
29 F	02 56	6.1	15 39	6.1	09 50	1.6	22 26	1.8	
30 SA D	04 02	5.8	16 55	5.9	10 57	1.7	23 41	1.8	
31 SU	05 26	5.8	18 15	6.1			12 14	1.7	

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1 M	06 45	5.9	19 25	6.5	00 58	1.7	13 28	1.5	
2 TU	07 52	6.3	20 25	6.9	02 05	1.4	14 31	1.1	
3 W	08 51	6.7	21 19	7.3	03 02	1.0	15 26	0.9	
4 TH	09 45	7.1	22 09	7.5	03 53	0.8	16 16	0.7	
5 F O	10 35	7.3	22 56	7.5	04 42	0.6	17 06	0.7	
6 SA	11 23	7.4	23 42	7.5	05 30	0.6	17 54	0.7	
7 SU			12 10	7.4	06 18	0.6	18 40	0.8	
8 M	00 24	7.4	12 54	7.3	07 02	0.7	19 23	0.9	
9 TU	01 07	7.1	13 36	7.0	07 46	0.9	20 05	1.1	
10 W	01 48	6.7	14 19	6.7	08 28	1.1	20 48	1.5	
11 TH	02 30	6.3	15 02	6.3	09 10	1.4	21 33	1.7	
12 F	03 17	5.9	15 51	6.1	09 56	1.7	22 23	2.0	
13 SA C	04 10	5.5	16 44	5.8	10 48	1.9	23 22	2.1	
14 SU	05 07	5.3	17 42	5.7	11 48	2.1			
15 M	06 09	5.3	18 43	5.7	00 32	2.2	12 58	2.1	
16 TU	07 11	5.4	19 42	5.8	01 42	2.1	14 03	2.0	
17 W	08 09	5.7	20 34	6.1	02 37	1.9	14 56	1.8	
18 TH	08 59	6.1	21 19	6.3	03 24	1.7	15 41	1.6	
19 F	09 43	6.3	22 00	6.6	04 05	1.5	16 23	1.5	
20 SA	10 24	6.6	22 37	6.9	04 45	1.2	17 04	1.4	
21 SU ●	11 04	6.9	23 16	7.0	05 24	1.1	17 43	1.2	
22 M	11 43	7.0	23 54	7.0	06 04	1.0	18 23	1.1	
23 TU			12 23	7.0	06 42	1.0	19 00	1.1	
24 W	00 33	7.0	13 04	7.0	07 21	0.9	19 42	1.1	
25 TH	01 15	6.9	13 47	6.9	08 03	1.0	20 26	1.2	
26 F	02 00	6.7	14 34	6.7	08 50	1.1	21 17	1.4	
27 SA	02 50	6.5	15 28	6.6	09 43	1.2	22 14	1.5	
28 SU D	03 48	6.3	16 28	6.5	10 42	1.4	23 18	1.6	
29 M	04 53	6.1	17 37	6.3	11 46	1.5			
30 TU	06 06	6.1	18 48	6.3	00 26	1.6	12 57	1.5	

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1 W	07 20	6.2	19 56	6.6	01 35	1.5	14 04	1.4	
2 TH	08 28	6.3	20 57	6.9	02 38	1.2	15 05	1.2	
3 F	09 29	6.7	21 53	7.0	03 35	1.1	16 00	1.1	
4 SA	10 23	6.9	22 42	7.1	04 27	0.9	16 51	1.0	
5 SU ○	11 12	7.1	23 28	7.3	05 17	0.8	17 39	0.9	
6 M	11 58	7.1			06 04	0.8	18 25	1.0	
7 TU	00 12	7.1	12 41	7.1	06 48	0.8	19 07	1.0	
8 W	00 53	7.0	13 21	7.1	07 28	0.9	19 47	1.1	
9 TH	01 31	6.7	13 59	6.9	08 07	1.1	20 25	1.4	
10 F	02 09	6.5	14 35	6.6	08 44	1.2	21 04	1.6	
11 SA	02 46	6.2	15 14	6.3	09 24	1.5	21 45	1.7	
12 SU ☾	03 27	5.8	15 57	6.1	10 05	1.7	22 31	1.9	
13 M	04 16	5.5	16 45	5.8	10 52	1.9	23 24	2.1	
14 TU	05 12	5.3	17 44	5.5	11 47	2.1			
15 W	06 15	5.3	18 46	5.5	00 23	2.2	12 52	2.2	
16 TH	07 18	5.4	19 46	5.8	01 32	2.1	14 01	2.1	
17 F	08 18	5.8	20 42	6.1	02 39	1.9	15 05	1.9	
18 SA	09 11	6.2	21 31	6.5	03 34	1.7	15 56	1.7	
19 SU ●	10 00	6.5	22 16	6.7	04 20	1.4	16 40	1.5	
20 M ●	10 44	6.9	22 58	7.0	05 03	1.1	17 24	1.2	
21 TU	11 28	7.1	23 41	7.1	05 45	0.9	18 07	1.0	
22 W			12 12	7.3	06 28	0.8	18 49	0.9	
23 TH	00 23	7.3	12 54	7.4	07 10	0.7	19 31	0.9	
24 F	01 07	7.3	13 37	7.4	07 53	0.7	20 16	0.9	
25 SA	01 50	7.1	14 21	7.3	08 39	0.8	21 04	1.0	
26 SU	02 36	7.0	15 09	7.0	09 28	0.9	21 55	1.1	
27 M ☽	03 27	6.6	16 02	6.7	10 20	1.1	22 51	1.4	
28 TU	04 24	6.3	17 02	6.3	11 19	1.5	23 56	1.6	
29 W	05 33	5.9	18 13	6.2			12 27	1.7	
30 TH	06 53	5.8	19 32	6.1	01 09	1.7	13 42	1.8	
31 F	08 14	5.9	20 44	6.3	02 21	1.6	14 52	1.7	

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1 SA	09 21	6.3	21 44	6.6	03 24	1.5	15 50	1.5	
2 SU	10 16	6.7	22 33	6.9	04 17	1.2	16 40	1.2	
3 M O	11 03	7.0	23 18	7.0	05 06	1.0	17 27	1.1	
4 TU	11 46	7.1			05 50	0.9	18 10	1.0	
5 W	00 00	7.1	12 25	7.1	06 30	0.9	18 49	1.0	
6 TH	00 37	7.0	13 01	7.1	07 07	0.9	19 24	1.1	
7 F	01 11	6.9	13 33	7.0	07 42	1.0	19 57	1.2	
8 SA	01 40	6.7	14 02	6.7	08 14	1.1	20 31	1.4	
9 SU	02 08	6.5	14 28	6.6	08 48	1.4	21 07	1.6	
10 M	02 37	6.2	14 57	6.2	09 24	1.6	21 45	1.8	
11 TU C	03 11	5.8	15 34	5.9	10 02	1.8	22 29	2.0	
12 W	03 57	5.5	16 26	5.5	10 49	2.1	23 25	2.2	
13 TH	05 10	5.3	17 49	5.4	11 53	2.3			
14 F	06 36	5.1	19 07	5.4	00 35	2.3	13 11	2.4	
15 SA	07 47	5.5	20 12	5.8	01 57	2.2	14 32	2.2	
16 SU	08 47	6.1	21 08	6.3	03 08	1.8	15 33	1.8	
17 M	09 40	6.6	21 58	6.9	03 59	1.5	16 21	1.5	
18 TU	10 27	7.0	22 42	7.1	04 43	1.1	17 05	1.1	
19 W ●	11 12	7.4	23 26	7.4	05 26	0.8	17 48	0.8	
20 TH	11 56	7.7			06 10	0.6	18 32	0.7	
21 F	00 10	7.5	12 39	7.8	06 52	0.5	19 14	0.6	
22 SA	00 53	7.7	13 22	7.8	07 36	0.5	19 58	0.6	
23 SU	01 35	7.5	14 03	7.7	08 20	0.6	20 44	0.7	
24 M	02 19	7.3	14 47	7.3	09 06	0.8	21 32	1.0	
25 TU D	03 05	6.9	15 35	6.9	09 54	1.1	22 24	1.4	
26 W	03 59	6.3	16 32	6.2	10 50	1.6	23 28	1.8	
27 TH	05 05	5.8	17 45	5.8			12 02	2.0	
28 F	06 34	5.5	19 16	5.7	00 50	2.0	13 28	2.1	
29 SA	08 09	5.7	20 39	5.9	02 10	1.9	14 42	2.0	
30 SU	09 16	6.2	21 38	6.3	03 15	1.7	15 41	1.7	
31 M	10 08	6.6	22 24	6.7	04 07	1.4	16 29	1.4	

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1 TU	10 49	7.0	23 04	7.0	04 51	1.1	17 11	1.1	
2 W O	11 28	7.3	23 42	7.1	05 30	0.9	17 50	1.0	
3 TH			12 04	7.3	06 08	0.9	18 25	1.0	
4 F	00 16	7.1	12 35	7.3	06 41	0.9	18 57	1.0	
5 SA	00 44	7.0	13 02	7.1	07 13	1.0	19 28	1.1	
6 SU	01 08	6.9	13 22	6.9	07 44	1.1	19 58	1.2	
7 M	01 30	6.7	13 44	6.7	08 13	1.2	20 28	1.5	
8 TU	01 56	6.5	14 12	6.5	08 42	1.5	20 59	1.7	
9 W	02 27	6.2	14 46	6.2	09 13	1.8	21 36	1.9	
10 TH C	03 06	5.8	15 31	5.7	09 55	2.1	22 27	2.2	
11 F	04 02	5.3	16 38	5.3	10 58	2.4	23 44	2.4	
12 SA	05 56	5.1	18 36	5.3			12 28	2.5	
13 SU	07 19	5.4	19 49	5.7	01 19	2.3	14 04	2.3	
14 M	08 26	6.1	20 48	6.3	02 42	2.0	15 12	1.8	
15 TU	09 19	6.7	21 39	7.0	03 37	1.5	15 59	1.4	
16 W	10 08	7.3	22 24	7.4	04 21	1.0	16 42	0.9	
17 TH ●	10 51	7.7	23 08	7.7	05 04	0.7	17 26	0.7	
18 F	11 35	7.9	23 52	7.9	05 46	0.5	18 10	0.5	
19 SA			12 18	8.1	06 31	0.4	18 53	0.5	
20 SU	00 34	7.9	13 00	8.1	07 13	0.4	19 37	0.5	
21 M	01 16	7.8	13 40	7.8	07 57	0.5	20 20	0.7	
22 TU	01 58	7.4	14 22	7.3	08 41	0.8	21 07	1.0	
23 W	02 43	6.9	15 09	6.7	09 29	1.2	21 57	1.5	
24 TH D	03 37	6.2	16 07	6.1	10 24	1.8	23 01	2.0	
25 F	04 45	5.7	17 23	5.5	11 41	2.2			
26 SA	06 18	5.4	19 03	5.4	00 32	2.2	13 15	2.3	
27 SU	07 58	5.7	20 28	5.8	01 56	2.1	14 29	2.1	
28 M	09 01	6.2	21 22	6.3	03 00	1.8	15 26	1.8	
29 TU	09 48	6.7	22 05	6.7	03 49	1.5	16 10	1.4	
30 W	10 26	7.0	22 43	7.0	04 29	1.2	16 49	1.1	

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date		Time	m	Time	m	Time	m	Time	m
1	TH O	11 02	7.3	23 18	7.1	05 06	1.0	17 24	1.0
2	F	11 35	7.3	23 48	7.1	05 40	0.9	17 58	1.0
3	SA			12 04	7.3	06 13	1.0	18 30	1.0
4	SU	00 13	7.1	12 25	7.1	06 44	1.0	18 59	1.1
5	M	00 35	7.0	12 46	7.0	07 14	1.1	19 28	1.2
6	TU	00 59	6.9	13 10	6.9	07 41	1.2	19 54	1.4
7	W	01 25	6.7	13 38	6.6	08 07	1.5	20 23	1.6
8	TH	01 56	6.5	14 12	6.3	08 39	1.8	21 00	1.9
9	F	02 33	6.1	14 54	5.8	09 23	2.1	21 51	2.2
10	SA ☾	03 27	5.5	15 57	5.3	10 25	2.4	23 04	2.4
11	SU	05 15	5.1	18 04	5.1	11 53	2.5		
12	M	06 53	5.5	19 24	5.7	00 42	2.4	13 33	2.3
13	TU	08 00	6.2	20 24	6.3	02 11	2.0	14 43	1.8
14	W	08 55	6.9	21 15	7.0	03 09	1.5	15 33	1.2
15	TH	09 43	7.5	22 02	7.5	03 55	1.0	16 17	0.8
16	F ●	10 27	7.9	22 46	7.8	04 37	0.7	17 01	0.6
17	SA	11 11	8.1	23 30	8.1	05 21	0.5	17 44	0.4
18	SU	11 54	8.2			06 06	0.4	18 30	0.4
19	M	00 14	7.9	12 35	8.1	06 50	0.5	19 13	0.5
20	TU	00 56	7.8	13 17	7.7	07 34	0.7	19 58	0.7
21	W	01 39	7.4	14 00	7.3	08 19	1.0	20 44	1.1
22	TH	02 25	6.9	14 47	6.6	09 07	1.5	21 35	1.6
23	F ☽	03 20	6.3	15 45	5.9	10 01	1.9	22 37	2.0
24	SA	04 26	5.7	16 58	5.4	11 17	2.3		
25	SU	05 52	5.4	18 36	5.3	00 07	2.3	12 52	2.4
26	M	07 28	5.7	19 59	5.7	01 28	2.2	14 04	2.2
27	TU	08 31	6.1	20 54	6.1	02 31	2.0	15 00	1.8
28	W	09 16	6.6	21 37	6.6	03 20	1.7	15 43	1.5
29	TH	09 56	6.9	22 15	6.9	04 00	1.4	16 20	1.2
30	F	10 30	7.1	22 47	7.0	04 36	1.2	16 55	1.1
31	SA O	11 01	7.1	23 16	7.0	05 11	1.1	17 28	1.0

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Time Zone UT (GMT) Add 1hr for BST where appropriate	HEIGHTS ARE ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m
1 SU	11 28	7.1	23 42	7.1	05 44	1.1	18 02	1.0
2 M	11 51	7.1			06 17	1.1	18 34	1.1
3 TU	00 08	7.0	12 17	7.0	06 48	1.2	19 02	1.2
4 W	00 35	7.0	12 44	6.9	07 15	1.4	19 30	1.4
5 TH	01 04	6.9	13 15	6.7	07 44	1.6	20 00	1.6
6 F	01 36	6.6	13 50	6.3	08 19	1.8	20 40	1.8
7 SA	02 17	6.2	14 34	5.9	09 05	2.0	21 32	2.1
8 SU ☾	03 11	5.8	15 36	5.5	10 05	2.3	22 40	2.3
9 M	04 38	5.5	17 25	5.4	11 26	2.4		
10 TU	06 19	5.7	18 51	5.8	00 06	2.2	12 55	2.2
11 W	07 28	6.3	19 53	6.3	01 30	2.0	14 07	1.8
12 TH	08 25	6.9	20 48	7.0	02 34	1.5	15 02	1.2
13 F	09 15	7.4	21 37	7.4	03 25	1.0	15 49	0.9
14 SA	10 02	7.8	22 24	7.7	04 11	0.8	16 35	0.6
15 SU ●	10 46	8.1	23 09	7.9	04 58	0.6	17 22	0.5
16 M	11 30	8.1	23 55	7.8	05 44	0.6	18 09	0.5
17 TU			12 15	7.9	06 30	0.7	18 54	0.6
18 W	00 40	7.7	12 58	7.5	07 15	0.8	19 40	0.8
19 TH	01 25	7.4	13 41	7.1	08 01	1.1	20 26	1.1
20 F	02 13	7.0	14 29	6.6	08 48	1.5	21 15	1.6
21 SA	03 04	6.5	15 24	6.1	09 41	1.9	22 11	1.9
22 SU ☽	04 03	5.9	16 27	5.5	10 46	2.2	23 23	2.2
23 M	05 09	5.7	17 42	5.4			12 09	2.3
24 TU	06 29	5.7	19 06	5.4	00 43	2.2	13 23	2.2
25 W	07 41	5.9	20 10	5.8	01 49	2.1	14 20	2.0
26 TH	08 34	6.3	20 58	6.2	02 41	1.9	15 08	1.7
27 F	09 16	6.6	21 39	6.5	03 26	1.7	15 48	1.5
28 SA	09 53	6.9	22 12	6.7	04 05	1.5	16 25	1.4
29 SU	10 24	7.0	22 43	6.9	04 41	1.4	17 01	1.2
30 M ○	10 53	7.0	23 14	7.0	05 17	1.4	17 36	1.1

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Time Zone UT (GMT) Add 1hr for BST where appropriate		HEIGHTS ARE ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
Date	Time	m	Time	m	Time	m	Time	m	
1	TU	11 23	7.0	23 46	7.0	05 53	1.2	18 11	1.1
2	W	11 54	7.0			06 27	1.4	18 44	1.2
3	TH	00 18	7.0	12 26	7.0	06 57	1.4	19 15	1.2
4	F	00 51	6.9	13 01	6.7	07 30	1.5	19 49	1.5
5	SA	01 27	6.7	13 40	6.6	08 08	1.6	20 30	1.6
6	SU	02 10	6.5	14 25	6.2	08 54	1.8	21 19	1.8
7	M	03 02	6.2	15 23	5.9	09 50	2.0	22 19	1.9
8	TU (04 10	5.9	16 38	5.8	10 59	2.1	23 32	1.9
9	W	05 33	6.1	18 05	5.9			12 16	2.0
10	TH	06 47	6.3	19 16	6.2	00 49	1.8	13 28	1.7
11	F	07 50	6.7	20 17	6.6	01 57	1.6	14 29	1.4
12	SA	08 46	7.1	21 13	7.0	02 56	1.2	15 24	1.0
13	SU	09 38	7.5	22 06	7.4	03 49	1.0	16 15	0.8
14	M ●	10 26	7.7	22 55	7.5	04 38	0.9	17 05	0.7
15	TU	11 13	7.7	23 43	7.5	05 28	0.8	17 54	0.7
16	W			12 00	7.7	06 16	0.8	18 41	0.7
17	TH	00 29	7.5	12 44	7.4	07 01	0.9	19 26	0.8
18	F	01 15	7.3	13 28	7.1	07 47	1.1	20 10	1.1
19	SA	01 59	7.0	14 13	6.7	08 31	1.5	20 55	1.4
20	SU	02 44	6.7	14 59	6.2	09 17	1.7	21 42	1.7
21	M)	03 33	6.3	15 51	5.8	10 06	2.0	22 32	1.9
22	TU	04 24	5.9	16 47	5.5	11 02	2.2	23 30	2.1
23	W	05 22	5.8	17 49	5.4			12 10	2.2
24	TH	06 23	5.7	18 54	5.4	00 37	2.2	13 23	2.2
25	F	07 26	5.8	19 57	5.7	01 47	2.2	14 23	2.0
26	SA	08 21	6.1	20 50	5.9	02 43	2.0	15 13	1.8
27	SU	09 08	6.3	21 35	6.3	03 32	1.8	15 56	1.6
28	M	09 49	6.6	22 15	6.6	04 14	1.7	16 36	1.4
29	TU	10 26	6.9	22 52	6.7	04 54	1.5	17 15	1.2
30	W O	11 02	7.0	23 29	7.0	05 32	1.4	17 53	1.1
31	TH	11 38	7.0			06 10	1.4	18 30	1.1

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Eastbourne Borough Council
Seafront Office, 6 Lower Grand Parade,
Eastbourne, East Sussex, BN21 3AD

01323 410611 - seafront@lewes-eastbourne.gov.uk
www.lewes-eastbourne.gov.uk